

## **Historic, archived document**

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1946

# PROTEIN builds muscles, blood; is needed for growth

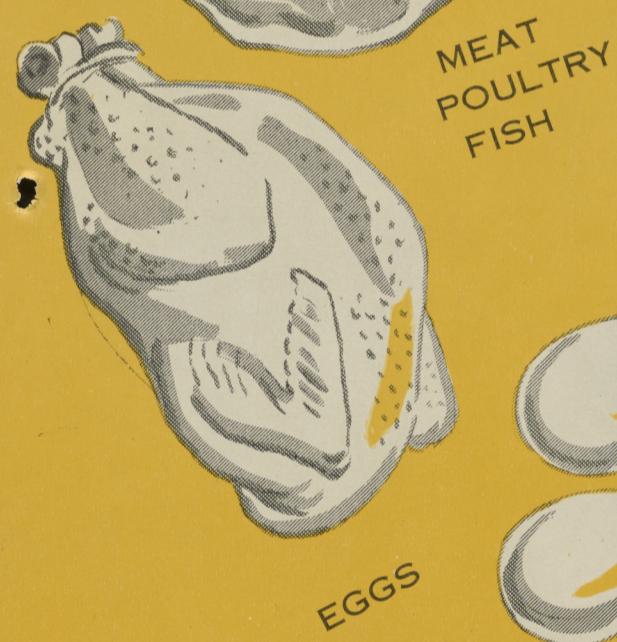
THREE RATS FROM SAME LITTER, 11 WEEKS OLD



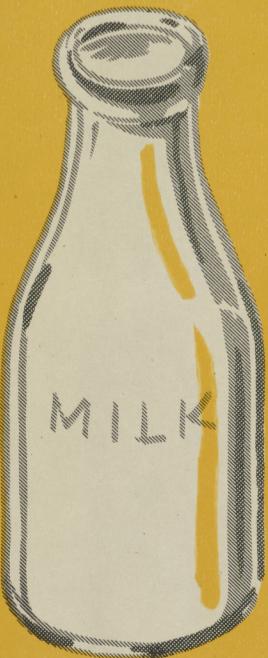
This rat ate foods that furnished good quality protein, but not enough. It weighs only 70 grams.



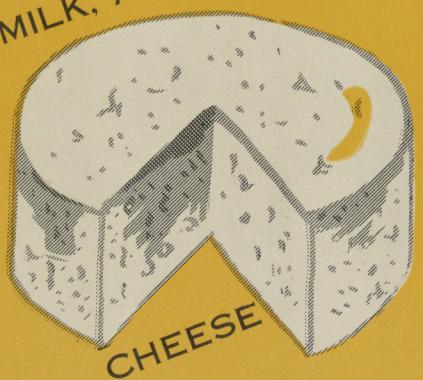
This rat ate foods that furnished plenty of protein, but not the right combination to give good quality. It weighs only 65 grams.



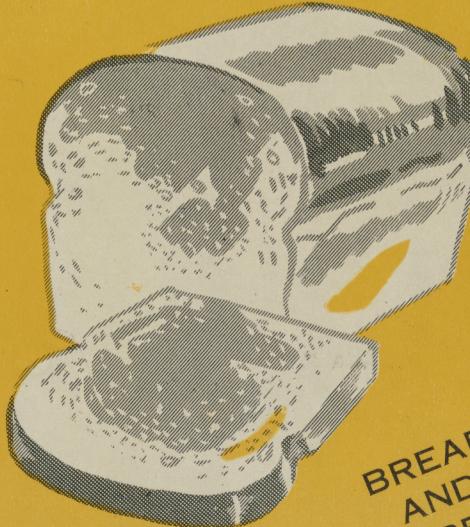
This rat had plenty of good quality protein from a variety of foods. It has good fur, well-shaped body, and weighs 193 grams.



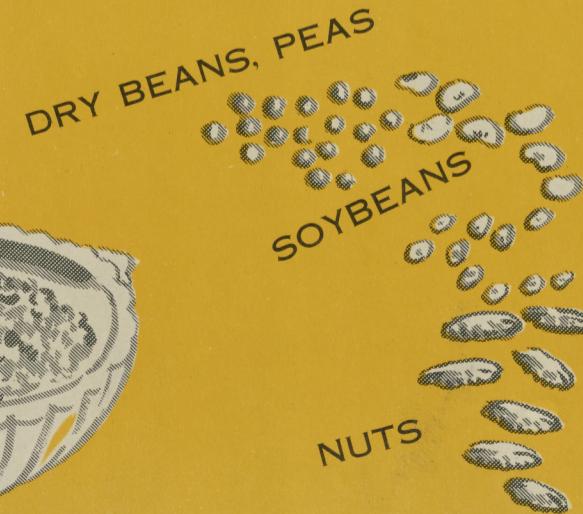
MILK, ALL FORMS



CHEESE



BREAD  
AND  
CEREAL



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